

Novel Compounds for Treatment of Alcohol Addiction and Anxiety

(OTT ID 1147)

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- ❑ Opioid antagonists employed for the treatment of alcohol abuse can cause mood disorders, depression, anxiety, and dysphoria
- ❑ Addiction to the medications are common
- ❑ Anxiety and depression during withdrawal
- ❑ Patient compliance is a severe problem
- ❑ Classical benzodiazepines employed to treat alcohol abuse are sedating, ataxic, and amnesic with abuse liabilities
- ❑ SSRIs employed in treatment of alcoholism are limited because they cause sexual dysfunction in many patients and take 3-4 weeks to take effect; they also cause anxiety in some patients

Solutions to the Problem

- ❑ The inventors have developed novel aza-beta carboline compounds useful in chemical addiction, anhedonia, anxiety, and other conditions associated with withdrawal from alcohol
- ❑ Compounds specifically target the alpha 1 subunit of the GABA(A) receptor
- ❑ Alpha 1-preferring antagonists have been shown to reduce ethanol intake, reduce craving (baboon study), and reduce any anxiety/anhedonia during withdrawal in P and HAD rats

- ❑ To elucidate the role of specific GABA_A/benzodiazepine receptor subtypes in regulating alcohol reinforcement, a number of active-carbolines have been synthesized and evaluated
- ❑ Preliminary studies with the benzodiazepine receptor antagonists, 3-propoxy-beta-carboline (3-PβC) and beta-carboline-3-carboxylic acid *t*-butyl ester (βCCt), was carried out to examine the role of α1 receptor subtypes within the ventral pallidum (VP) on alcohol self-administration
- ❑ Examination of the data indicated a reduced rate in alcohol self-administration in P and HAD rats as well as reduced alcohol consumption and increased latency to gain access to alcohol in baboons
- ❑ Studies on 3-PβC (administered as the HCl salt) indicated that it was active against alcohol craving in baboons

- ❑ **More Specific** - Compounds targeted to the $\alpha 1$ subunit of the GABA receptor
- ❑ **Less Sedation** - Lead compounds show fewer sedative effects with alcohol
- ❑ **Reduced Anxiety** - Animal studies demonstrate anxiolysis
- ❑ **Unmet Medical Need** - Current medications for chemical abuse are limited in effect
- ❑ **Animal Models for Addiction** – Available on request

- ❑ [U.S. Utility Patent 8,268,854](#)

Aza-Beta Carbolines and Methods of Using Same. Issues on 09/18/2012

Current Status

- ❑ Technology is available for licensing under exclusive or non-exclusive terms
- ❑ Looking for a development partner to aid in the development of a final product

- ❑ The results of the present study demonstrate that the $\alpha 1$ selective ligands β CCt and 3-PBC · HCl are highly effective in suppressing ethanol responding in P and HAD rats
- ❑ β CCt and 3-PBC are highly effective anti-anxiety agents in P and HAD rats but not normal rats
- ❑ β CCt and 3-PBC are equally effective orally as Naltrexone when administered acutely; furthermore, β CCt and 3-PBC remain effective 24 hours post administration, unlike Naltrexone
- ❑ The $\alpha 1$ receptor clearly plays a role in alcohol-motivated behaviors; however, it also plays a role in normal ingestive behaviors
- ❑ β CCt and 3-PBC may represent prototypes of novel pharmacotherapeutic agents that can be used to treat alcohol abuse and alcoholism

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